

FALMOUTH SAILING WEEK 2024

Saturday 10th to Saturday 17th August

Organising Authority: Port of Falmouth Sailing Association (PoFSA)
(Website: www.falmouthweek.co.uk/sailing-week)

SAILING INSTRUCTIONS FOR THE CARRICK FLEET including the Mainbrace Rum Race

Abbreviations:

[NP] - A breach of this rule will not be grounds for protest by a boat.

[DP] - Rules for which the penalties are at the discretion of the protest committee.

1. RULES

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*. The following racing rules are changed:

(a) RRS 37 will not apply.

(b) RRS 63.7. Sailing instructions take precedence over the notice of race.

Other changes are described in the relevant sailing instruction.

1.2 The respective rules of the Falmouth Working Boat, Falmouth Gaffer, St Mawes One Design classes and the local Shrimper 19 class state that for the purposes of the definition of "Start" and "Finish" and rules 21.1, 29.1, 30 and 44.2 of the RRS (but not any other rules) the term "hull" includes a boat's bowsprit in its normal position.

2. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2030 hrs on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board on the Falmouth Week website www.falmouthweek.co.uk/race-management. WhatsApp will be used to alert competitors that notices have been posted, and to make other courtesy communications.

3.2 There will not be a permanent race office. Assistance may be obtained via the helpline (07555 574308) or email (raceoffice@falmouthsailingweek.org).

3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 77. This will include general information relating to the conduct of races including time checks, courses, start sequence narrative and recalls. Failure to receive this information shall not be grounds for redress. This changes RRS 62.1(a).

3.4 **Competitors requiring assistance from a patrol vessel should contact "Carrick Safety Control" on VHF Ch. 69.**

4. CODE OF CONDUCT

[DP] Competitors and any support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at Royal Cornwall Yacht Club signal mast (<https://www.royalcornwallyachtclub.org/webcam/>), and may be repeated at Mylor

Yacht Club, Restronguet Sailing Club and St. Mawes Sailing Club.

- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 75 minutes" in the race signal AP.
- 5.3 When flag Third Substitute over flag B is displayed ashore on Sunday, then see SI 8.3.

6. SCHEDULE OF RACES

- 6.1 A Skippers' Briefing will take place in the marquee at the Royal Cornwall Yacht Club at 1800 on Saturday 10th August.
- 6.2 Racing is scheduled on 7 days from Sunday to Saturday. One race is scheduled each day, except that on Thursday, Friday and Saturday the Sunbeam, Ajax and Shrimper classes will sail 2 races back-to-back, which will comprise a 3-day series.
- 6.3 For all classes there will be a longer distance race on Wednesday. For all classes other than the Ajax class, this will be a stand-alone race and will not be scored in any series.
- 6.4 **Carrick Black Group**

| Regatta Class | Class Flag | Warning signal each day apart from Wednesday | Warning signal on Wednesday |
|-----------------------|------------|--|-----------------------------|
| PY Dinghies 1008-1147 | A | 1200 | 1100 |
| Mirror Dinghies | Q | 1205 | 1105 |

6.5 Carrick Red Group

| Regatta Class | Class Flag | Warning signal each day apart from Wednesday | Warning signal on Wednesday |
|--------------------------------|------------|--|-----------------------------|
| YTC ⁽¹⁾ | J | 1300 | 1200 |
| Rustler/Piper 24 | E | 1305 | 1205 |
| Falmouth Gaffer ⁽¹⁾ | G | 1310 | 1210 |
| St Mawes One Design | D | 1315 | 1215 |
| Shrimper 19 | H | 1320 | 1220 |

Note 1: this class is required to display the class flag [DP].

6.6 Carrick Green Group

| Regatta Class | Class Flag | Warning signal each day apart from Wednesday | Warning signal on Wednesday |
|-----------------------------------|------------|--|-----------------------------|
| Large Working Boat ⁽¹⁾ | B | 1350 | 1250 |
| Small Working Boat ⁽¹⁾ | C | 1355 | 1255 |
| Sunbeam | V | 1400 | 1300 |
| Ajax | W | 1405 | 1305 |

Note 1: these classes are required to display the class flag [DP].

- 6.7 **Sunbeam, Ajax and Shrimper classes when sailing two races per day**
The second race will start as soon as possible after the last boat in each class has finished the first race.
- 6.8 **Alert signal**
To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is displayed.
- 6.9 **Warning signal on last scheduled day of racing**
On the last scheduled day of racing no warning signal will be made after 1600.

7. CLASS FLAGS

Class flags displayed at warning signals are stated in tables 6.4 to 6.6.

8. RACING AREA

- 8.1** The racing area is depicted in the chartlet at Appendix 1.
- 8.2** The race committee signal vessel is *Sweet Briar*, a white, two-masted Bermudan ketch, positioned in the course area so as to give a windward start.
- 8.3** On Sunday class B may race in Falmouth Bay and the Helford River Estuary under the control of the Bay race committee signal vessel, weather permitting. An amendment to these sailing instructions will be provided to competitors in this class. However, if on that day flag Third Substitute over flag B is displayed ashore, then this class will race in the Carrick race area.

9. THE COURSES

- 9.1** All classes will sail regatta courses, except that classes V and W will sail a windward-leeward course for their first race on Thursday, Friday and Saturday.
- 9.2** Regatta courses will be displayed on the starboard side of the signal vessel. Each class letter will be displayed to the left of a sequence of mark letters which indicate the order in which marks are to be passed and the side on which each mark is to be left. Red mark letters indicate that the mark must be left to port and green letters indicate the mark must be left to starboard.
- 9.3** The courses to be sailed will be announced on VHF Ch. 77 by reading out the course marks (using the one- or two-letter ID code phonetically) in the order in which they are to be passed and stating the side on which they are to be left. Failure to receive the broadcast will not be grounds for a request for redress. This changes RRS 62.1(a).
- 9.4** Course information will be announced no later than the orange alert signal and repeated after the preparatory signal for each class.
- 9.5** A course diagram and instructions specific to the windward-leeward course for classes V and W are at Appendix 3

10. MARKS

- 10.1** A chart showing the approximate positions of the marks is at Appendix 1. The mark letters, mark descriptions and approximate coordinates are at Appendix 2.
- 10.2** St Mawes south cardinal mark (Lugo Rock buoy) shall be passed on its safe navigational side in all courses.

11. OBSTRUCTIONS

- 11.1** [DP] No boat shall sail inside moorings and to this end the mooring areas inside the continuous straight lines between the outer line of mooring buoys (whether a vessel is attached or not) on each side of Falmouth Harbour, and on the north and south sides of St Mawes Harbour are designated prohibited areas that no boat shall enter while racing.
- 11.2** [DP] Commercial and military shipping under way and constricted in their ability to manoeuvre or constrained by their draft are designated as moving exclusion zones. The exclusion zone extends to 100m on all sides of the vessel and includes tugs, race committee escort vessels and pilot vessels. No boat shall enter the exclusion zone and if becalmed may use any means of propulsion to move out of the way. This should only be sufficient to leave the exclusion zone by the safest possible route and offer the competitor no significant advantage in the race.
- 11.3** [DP] Exclusion zones extend 25m around a dive vessel displaying code flag A, an inflated orange buoy marking a diver just under the surface, and a diver on the surface. A boat shall not enter the 25m zone.
- 11.4** A boat shall not pass between the signal vessel and the start line outer distance mark (see SI 12.1) after starting, except for classes V and W when they are finishing their windward-leeward race on Thursday, Friday and Saturday. Boats that do not comply with SI 11.4 shall be scored by the race committee, without a hearing, as if they had not sailed the course. This changes RRS A5.1

12. THE START

- 12.1** The starting line will be between a staff on the signal vessel displaying an orange flag and

the course side of an inflated yellow cone mark.

- 12.2 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence of other races.
- 12.3 A boat starting later than 4 minutes after her starting signal will be scored "Did Not Start" (DNS). This changes RRS 35, A4 and A5.
- 12.4 In the event of a general recall, the race signal First Substitute will be removed 3 minutes after the start without a further sound signal. The warning signal for the recalled class will be the start of the final class to start in the group sequence. In the event of more than one class being subject to a general recall they will start after the sequence in their original order with the start signal of the earlier class being the warning signal for the next. This changes RRS 29.2.

13. CHANGE TO THE NEXT LEG OF THE COURSE

No legs will be changed.

14. THE FINISH

- 14.1 The finishing line will be between the mast on a committee vessel (a white sloop, "Melkin") displaying a blue flag and the last mark of the course, except see Appendix 3 clause 4 for the first races for classes V and W on Thursday, Friday and Saturday; and except see 14.2 for classes B, C & V (second race) on Thursday and Saturday.
- 14.2 On Thursday the race for classes B and C, and the second race for class V, will finish on the Royal Cornwall YC club finish line and on Saturday these classes will similarly finish on the Flushing SC club finish line. If a club line finish is not possible then the finish vessel will fly flag S over B, C and V and these classes will finish on the finish line stated in SI 14.1.

15. PENALTY SYSTEM

For all classes except Black Group RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16. TIME LIMITS

| | Format | Time Limit for first boat in each class | Finishing Window |
|--------------------|-------------------------|---|------------------|
| Black group | One normal race per day | Three hours | 40 minutes |
| Red & Green Groups | One normal race per day | Three hours | 30 minutes |
| Black group | Mainbrace Rum Race | Three hours | 40 minutes |
| Red & Green Groups | Mainbrace Rum Race | Four hours | 40 minutes |
| Classes H, V & W | Two races per day | Two hours | 20 minutes |

The Finishing Window is the time for all other boats to finish after the first boat sails the course and finishes. Boats still racing when the Finishing Window expires, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A4 and A5.

17. HEARING REQUESTS

- 17.1 Boats shall comply with RRS 61.1(a) irrespective of their length. This changes RRS 61.1(a)(2) which is deleted.
- 17.2 Hearing request forms are available at host club of the day or may be downloaded from <https://www.rya.org.uk/racing/running-racing/templates>. Protests shall be submitted, and protest hearings will be held, as shown in the table below:

| Protests for races on: | Protest time limit | Protest form to be handed to: | Protests will be heard at: | Schedule of protests will be posted at: |
|-------------------------------|---------------------------|---|-----------------------------------|--|
| Sunday | 1800 Sunday | Sailing Secretary, RCYC (FWB B: or Sailing Secretary, HRSC if the race is held in the Bay) | MYC on Monday | MYC by 1820 Monday |
| Monday | 1800 Monday | Sailing Secretary, MYC | MYC on Monday | MYC by 1820 Monday |
| Tuesday | 1800 Tuesday | Sailing Secretary, RSC | RSC on Tuesday | RSC by 1820 Tuesday |
| Wednesday | 1800 Thursday | Sailing Office, RCYC | RCYC on Thursday | RCYC by 1820 Thursday |
| Thursday | 1800 Thursday | Sailing Office, RCYC | RCYC on Thursday | RCYC by 1820 Thursday |
| Friday | 1800 Friday | StMSC office | StMSC on Friday | StMSC by 1820 Friday |
| Saturday | 1800 Saturday | Sailing Secretary, FSC | RCYC on Saturday | FSC by 1820 Saturday |

17.3 The protest time limit applies also to protests by the race committee about incidents they observe in the racing area.

17.4 Adding to RRS 66, if race signal "N over A" is displayed ashore on the last scheduled day of racing a request to reopen a hearing shall be delivered no later than 30 minutes after the signal is displayed.

18. SCORING

18.1 Only series entries will be scored in the series.

18.2 Races are scheduled as follows:

- (a) All classes except Sunbeam, Ajax and Shrimper 19. 6 races are scheduled in the series (Sunday, Monday, Tuesday, Thursday, Friday and Saturday).
- (b) Sunbeam and Shrimper 19. 6 races are scheduled in the series (Thursday to Saturday inclusive).
- (c) Ajax. 10 races are scheduled in the series (Sunday to Saturday inclusive).

18.3 One race is required to be completed to constitute a series.

18.4 When fewer than 5 races have been completed, a boat's score will be the total of her race scores.

18.5 When from 5 to 8 races have been completed, a boat's score will be the total of her race scores excluding her worst discardable score.

18.6 When more than 8 have been completed, a boat's series score shall be the total of her race scores excluding her 2 worst scores.

19. [NP][DP] SAFETY REGULATIONS

19.1 SIs 19.2 -19.5 are in addition to the requirements of NoR regulations 4.7, 4.8 and 4.9.

19.2 Competitors who leave the safety of the cockpit of a boat not fitted with guardrails shall wear an appropriate personal flotation device.

19.3 A boat that retires from a race shall notify the signal vessel, or another official vessel, at the first reasonable opportunity by either voice hail or on VHF Ch. 77. If unable to do so, they shall inform the race office by phone (07555 574308) at the first reasonable opportunity.

19.4 Competitors shall obey the instructions of an official vessel to move out of the way of shipping constricted in its ability to manoeuvre or constrained by its draft.

19.5 Competitors requiring assistance from a patrol vessel should contact “Carrick Safety Control” on VHF Ch. 69.

20. REPLACEMENT OF CREW OR EQUIPMENT

There are no restrictions regarding replacement of crew and equipment.

21. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

22. SUPPLIED BOATS

Not used.

23. OFFICIAL VESSELS

Patrol boats will be identified by flag “R”.

24. [DP] SUPPORT TEAMS

Not used

25. TRASH DISPOSAL

Trash may be placed aboard official vessels.

26. BERTHING

There are no restrictions on berthing during the event.

27. HAUL OUT RESTRICTIONS

27.1 Boats that are normally dry-sailed may continue to do so during the event.

27.2 [DP] Other boats shall not be hauled-out during the event except with, and according to, the terms of the prior written permission of the race committee.

28. DIVING EQUIPMENT AND PLASTIC POOLS

[DP] Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the event except with, and according to, the terms of the written permission of the race committee.

29. PRIZES

29.1 Prizes will be awarded in accordance with the Notice of Race.

29.2 Daily prizes will be presented at approximately 1815 as follows:

| | |
|-----------|--|
| Sunday | RCYC (except not B class if it races with the Bay fleet) |
| Monday | MYC |
| Tuesday | RSC |
| Wednesday | No prize-giving because of the flying display |
| Thursday | RCYC (including the prizes for Wednesday) |
| Friday | StMSC |
| Saturday | FSC |

Daily presentations will be preceded by refreshments for competitors and followers.

29.3 Series prizes will be presented on Saturday at Flushing Sailing Club at approximately 1900 following the daily prizegiving.

30. RISK STATEMENT

30.1 Rule 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.

30.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

- (b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions;
- (d) their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) it is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing for the event.

30.3 The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in these sailing instructions.

31. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident, or the equivalent.

Appendix 1 - APPROXIMATE LOCATIONS OF MARKS



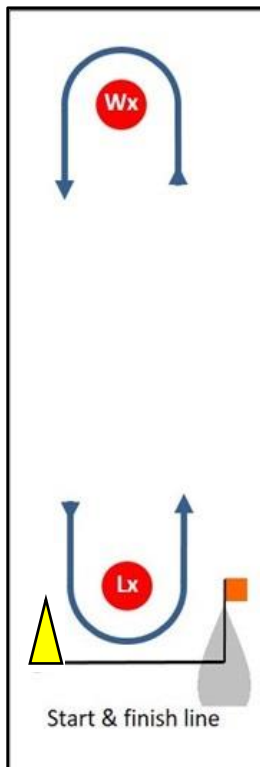
Appendix 2 - REGATTA COURSES: COURSE LETTERS, MARK DESCRIPTIONS AND APPROXIMATE COORDINATES OF MARKS

| CODE | MARK | DESCRIPTION | LAT | LONG |
|------|----------------------|--|---------------------------------|--------------|
| Bo | Bohella | Yellow inflated cone with cylinder topmark | 50° 09.30'N | 005° 00.95'W |
| Br | Black Rock | Red navigation buoy | 50° 08.68'N | 005° 01.74'W |
| Ca | Castle | Green navigation buoy | 50° 09.00'N | 005° 01.65'W |
| Cc | Cream Cornwall | Yellow spherical with code | 50° 09.80'N | 005° 02.09'W |
| Ck | Carick | Green navigation buoy | 50° 11.59'N | 005° 02.74'W |
| Cn | SKB Sails | Yellow spherical with code | 50° 08.73'N | 005° 01.22'W |
| En | East Narrows | Green navigation buoy | 50° 09.43'N | 005° 01.89'W |
| F | Falmouth | Yellow inflated cylinder | 50° 09.50'N | 005° 03.54'W |
| Fn | B, C & V club finish | RCYC/FSC finish lines | n/a | n/a |
| G | Governor | East cardinal BYB buoy | 50° 09.15'N | 005° 02.40'W |
| Hd | Hine Downing | Yellow spherical with code | 50° 08.39'N | 005° 02.76'W |
| J | St Just | Red navigation buoy | 50 10.44'N | 005 01.72'W |
| Lx | Carrick Leeward | Yellow inflated cylinder | Close to windward of start line | |
| Me | Messack | Green navigation buoy | 50° 11.31'N | 005° 02.22'W |
| Nb | North Bank | Red navigation buoy | 50° 10.34'N | 005° 02.26'W |
| P | Black Rock Gin | Yellow spherical with code | 50° 08.78'N | 005° 02.10'W |
| Pb | Pasco's Boatyard | Yellow spherical with code | 50° 10.75 N | 005° 01.45'W |
| Pl | Pill | Green navigation buoy | 50° 12.05'N | 005° 02.40'W |
| Pw | Mylor Yacht Harbour | Yellow spherical with code | 50° 10.48N | 005° 02.37'W |
| S | Sunbeam | Yellow spherical with code | 50° 09.99'N | 005° 02.63'W |
| Sn | A2 Rigging | Yellow spherical with code | 50° 09.30'N | 005° 01.79'W |
| T | Penrose Sailmakers | Yellow can with code and X topmark | 50° 09.60'N | 005° 03.00'W |
| V | Vilt | Green navigation buoy | 50° 09.99'N | 005° 02.28'W |
| W | Mylor Rigging | Yellow can with code and X topmark. | 50° 09.60'N | 005° 01.93'W |
| Wn | West Narrows | Red navigation buoy | 50° 09.39'N | 005° 02.07'W |
| Wt | Ancasta | Yellow spherical with code | 50° 10.13N | 005° 01.90'W |

| | | | | |
|----------------|------------------------------------|----------------------------|---|--------------|
| W _x | Laid windward mark for longer beat | Orange inflated cone | To windward of Carrick Committee Vessel | |
| W _z | Laid windward for shorter beat | Yellow inflated cone | To windward of Carrick Committee Vessel | |
| Z | Falmouth Boat Co | Yellow spherical with code | 50° 08.15'N | 005° 01.10'W |

Appendix 3 - COURSE DIAGRAM AND SPECIFIC SAILING INSTRUCTIONS FOR THE SUNBEAM AND AJAX WINDWARD-LEEWARD COURSE

Courses and course diagram



| COURSES | |
|---------|---|
| Signal | Mark Rounding Order |
| 2 | Start - Wx - Lx - Wx - Finish |
| 3 | Start - Wx - Lx - Wx - Lx - Wx - Finish |

1. THE COURSES

- 1.1 Courses and the range and bearing of the windward mark will be announced on VHF and by no other means.
- 1.2 The diagram above shows the courses, the starting and finishing line, the order in which marks are to be passed, and the side on which each mark is to be left.
- 1.3 If the shortened course signal is displayed by the signal vessel as boats approach mark Lx then boats shall pass Lx on the required side and proceed to the Finish.

2. MARKS

Mark Wx is an orange inflated cone. Mark Lx is a yellow inflated cylinder.

3. CHANGE TO A LEG OF THE COURSE

No marks will be moved during any race.

4. THE FINISH

The finishing line will be the starting line crossing in the reverse direction.

END OF SAILING INSTRUCTIONS

NOT PART OF THE SAILING INSTRUCTIONS

QR CODE TO JOIN THE CARRICK FLEET WHATSAPP GROUP

1. Open WhatsApp, tap Camera
2. Hold device over the QR code to scan (adjust distance so QR code fits the screen)
3. Tap ADD

