



FALMOUTH SAILING WEEK 2019

The Port of Falmouth Sailing Association and the member clubs look forward to welcoming competitors to Falmouth Sailing Week 2019.

The regatta has origins dating back to the 1830s. Today it caters for a range of abilities, from the novice to the professional, and the dinghy sailor to the offshore sailor.

Seven days of varied racing are scheduled in Falmouth Bay and in the Carrick Roads for over 20 classes.

To complement the racing there is a comprehensive shoreside social programme. Each day a tea and prize-giving will be held at one of the six local clubs (Helford River Sailing Club,



Mylor Yacht Club, Restronguet Sailing Club, Royal Cornwall Yacht Club, St Mawes Sailing Club, and Flushing Sailing Club).

The regatta is part of Falmouth Week which is a major festive event in the town's calendar, with something for everyone including plentiful and varied daytime activities and entertainment for non-sailors. In the evenings, competitors enjoy discounted entry to music events taking place in the grand marquee on Events



Square.

For many years the Red Arrows have performed a stunning display at Falmouth Week. Unfortunately, in August 2019 they will be on tour in the USA.



[Visit the event website](#)

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FALMOUTH SAILING WEEK 2019

Saturday 10th – Saturday 17th August

Organising Authority: Port of Falmouth Sailing Association (PoFSA)
(Website: www.falmouthweek.co.uk/sailing-week)

NOTICE OF RACE

1. RULES

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*. The following racing rules will be changed:
- (a) RRS 40 will apply to dinghies & catamarans at all times while afloat without Flag Y being displayed;
 - (b) RRS 35, A4 and A5. Boats may be scored DNS or DNF by the race committee without a hearing.
- 1.2** The changes will appear in full in the sailing instructions (SI). The SI may also change other racing rules.
- 1.3** The IRC Rules 2019 Part D will not apply.
- (a) IRC rule 21.1.5(e) will be amended: The use of a spare mainsail will be allowed so long as it is carried onboard at all times while racing.
 - (b) For the purpose of IRC rule 21.1.5 this regatta is on consecutive days and the sails carried onboard shall remain the same throughout, including the spare mainsail if any.
 - (c) IRC rule 22.4.2 will be amended: the number of crew shall not exceed the number printed on the certificate plus 2.
- 1.4** World Sailing Offshore Special Regulations Appendix B – Inshore Racing will apply to boats competing in the Bay fleet.
- 1.5** Flying Fifteen Class Rule B14.5 will be changed by the SI to permit competing boats to use a marine VHF radio as required by NoR regulation 3.5(c).

2. ADVERTISING

Boats may be required to display advertising chosen and supplied by the organising authority. Boats with painted topsides and/or painted spars may be exempt from this requirement.

3. ELIGIBILITY AND ENTRY

- 3.1** Boats shall enter in either the Bay fleet or the Carrick fleet, except that boats entered in the Carrick Cabin Boat class may instead participate in the Bay Champagne Race on Wednesday if eligible to sail in a Bay class.

3.2 Bay fleet.

Class Flag	Regatta class	Class Flag	Regatta class
F	Firebird ⁽¹⁾	E	Handicap yacht ⁽²⁾ YTC number 1075 and below
1	IRC 1 TCC 0.971 and above	Q	Handicap yacht ⁽²⁾ YTC number 1076 to 1200 ⁽³⁾
2	IRC 2 TCC 0.875 to 0.970	R	Handicap white sail yacht – spinnakers not permitted ⁽²⁾
3	IRC 3 TCC 0.874 and below	K	IF Boat ⁽¹⁾

Note 1: These classes will not be required to display class flags.

Note 2: South West Yacht Time Correction System (YTC). See section 6.

Note 3: Boats with a YTC number greater than 1200 are invited to race with the Carrick fleet.

(a) IRC classes. No later than Friday 9th August, the race committee may vary the rating bands, and amalgamate or split classes depending on entries. Details will be published on the official notice board.

(b) YTC 1 and 2.

No later than Friday 9th August, the race committee may vary the rating bands, and amalgamate or split classes depending on entries. In doing so the race committee will place a boat in the class considered most suitable, based on the YTC number and the need to balance class numbers, but will consider the class in which the boat races at other times. Details will be published on the official notice board.

3.3 Bay fleet safety equipment.

(a) In addition to the requirements of the World Sailing Offshore Special Regulations Appendix B – Inshore Racing, all boats shall carry at all times while racing:

- (1) A working marine VHF transceiver;
- (2) An Admiralty chart 1267, or equivalent.

(b) Anchors shall not be carried forward of the stem or with any part outboard, except when anchoring.

3.4 Carrick fleet.

Group 0	
Class Flag	Regatta class
M	Catamaran PY ⁽¹⁾
A	Dinghy PY <931 ⁽¹⁾
T	Dinghy PY 931-1039 ⁽¹⁾
Q	Dinghy PY 1040-1229 ⁽¹⁾
O	Dinghy PY >1229 ⁽¹⁾

Group 1		Group 2	
Class Flag	Regatta class	Class Flag	Regatta class
F	Flying Fifteen ⁽¹⁾⁽²⁾	B	Large Working Boat
W	Ajax ⁽¹⁾	C	Small Working Boat
J	YTC Cabin Boat ⁽³⁾	V	Sunbeam ⁽¹⁾
K	YTC Day Boat ⁽³⁾	G	Falmouth Gaffer (LOD < 23ft)
H	Shrimper 19 ⁽¹⁾	E	Falmouth Restricted 18ft
		D	St Mawes One Design ⁽¹⁾

Note 1: These classes will not be required to display class flags.

Note 2: UKFFA handicaps will be used.

Note 3: South West Yacht Time Correction System (YTC). See section 6.

No later than Friday 9th August, the race committee may amalgamate or split classes, and vary the dinghy PY bands, depending on entries. Details will be published on the official notice board located on the website.

3.5 Carrick fleet safety equipment (excluding dinghies & catamarans).

(a) Unless otherwise specified by a boat's applicable class rules each boat shall carry the following safety equipment: manual bilge pump; bucket (not less than 9 litres) with a lanyard; compass (a hand bearing compass is acceptable); if an engine or a stove are on the boat, a fire extinguisher; anchor and warp, lifebuoy or life sling; heaving line not less than 6mm diameter, 15-20m long, readily accessible from the cockpit; and a strong, sharp knife, sheathed and restrained readily accessible from the deck or cockpit.

- (b) Unless otherwise specified by a boat's applicable class rules, personal flotation devices required by RRS 1.2 shall:
 - (1) be equipped with a whistle;
 - (2) clearly marked with the boat's and/or wearer's name;
 - (3) if inflatable, be regularly checked for air retention;
 - (4) have at least 150N buoyancy, arranged to support an unconscious wearer face upwards at approximately 45° to the water surface.
- (c) All boats shall carry a working marine VHF transceiver.

3.6 **Dinghy & catamaran safety equipment.**

- (a) RRS 40 will apply at all times while afloat without Flag Y being displayed.
 - (1) personal flotation devices shall be to ISO 12402-5 Level 50 or equivalent.
- (b) Unless otherwise specified by a boat's applicable class rules, boats shall be fitted with a strong point for the attachment of a tow and/or anchor line, and shall carry:
 - (1) a knife;
 - (2) if the hull is not self-draining or is likely to carry more than 150 litres of free water, a bucket or bailer of not less than 1 litre capacity;
 - (3) a paddle or means of propelling the boat when not under sail;
 - (4) if a trapeze harness is carried it shall be to ISO 10862.

3.7 **Additional regatta classes.** The race committee will consider requests from design classes with sufficient number of entries to be scored, and possibly started, as a regatta class.

3.8 **Entry.** Entry will open on Wednesday 1st May. Entries shall be submitted online via the website. Payment shall be made online using a secure system hosted by PayPal. **The last date for discounted entries is Friday 12th July.**

3.9 **Confirmation of entry.** Entry will only be finally confirmed when the entrant has completed fully, and submitted to the race office, the following:

- (a) Online information;
- (b) Payment in full;
- (c) Where appropriate, completed parent/guardian consent forms for competitors under the age of 18 on Sunday 11th August (available on the website);
- (d) For IRC & YTC boats, a valid copy of their rating certificates to be received by Friday 2nd August. No alteration in a boat's rating will be permitted after this date, except as a result of a rating protest or to correct rating office errors. Day entries shall submit a valid rating certificate at the time of entry.

3.10 **Daily Entries.**

- (a) All enquiries regarding daily entries must be directed to the race office.
- (b) YTC boats which do not possess a valid 2019 certificate. Daily entry will be accepted up to 1500 hrs on the day **before** a boat wishes to race.
- (c) Non-YTC boats, and YTC boats which do possess a valid 2019 certificate. Daily entry will be accepted up to 1000 hrs on the day on which the boat wishes to race.

3.11 **Bay Fleet Inter-Club Championship.** Recognised clubs (RYA affiliated) wishing to compete for the Inter-Club Championship shall nominate a team of 3 boats no later than Saturday 10th August. The 3 boats shall be selected from classes 1, 2, 3, E, or Q, and each shall be in a different class. More than one team may be nominated by a club.

3.12 **Race office.**

- (a) There will be no permanent race office. On a race day, members of the race committee will be present at the RCYC between 0830 and 1000 and, after racing, at the club hosting the daily prize-giving. At other times assistance may be obtained via the helpline (01326 211555) or email (raceoffice@falmouthweek.co.uk).
- (b) The official noticeboard will be on the website at www.falmouthweek.co.uk/race-management.

4. FEES

The regatta entry fees are as follows. The fees do not include berthing or launching costs.

		Full seven days		Daily
		Discounted	Normal (after 13 th July)	
Bay fleet	All seven days	£105	£120	£20 ⁽¹⁾
	Series Thu-Sat only	£80	£95	N/A
Carrick fleet (except those below)		£95	£110	£20
Single-handed dinghies		£85	£100	£20
Dinghy helm under 18		£69	£84	£20

Note 1: Daily entries are not permitted on Thursday, Friday or Saturday.

5. SCHEDULE

5.1 Racing is scheduled on 7 days from Sunday 11th to Saturday 17th August. A skippers' briefing will take place on Saturday 10th at 1800. The venue will be advertised on the official notice board, and with the sailing instructions.

5.2 Bay Fleet.

- (a) Sunday, Monday and Tuesday. For all classes, up to 2 races per day are scheduled. Any races not completed will not be re-sailed.
- (b) Wednesday. All classes will each sail one long-distance race (The Champagne Race). Any race not completed on Wednesday will not be re-sailed.
- (c) Thursday, Friday and Saturday. IRC 1 and 2 will sail up to 3 races per day. All other classes will sail up to 2 races per day. If races are not completed due to adverse weather etc then an additional race may be scheduled on one or more following days to recover the schedule.
- (d) Warning Signals. The warning signal for the first race for the Bay fleet will be at 1055. The warning signal for the second or third race each day will be as soon as practicable after the finish of the preceding race.
 - (1) No warning signal will be made after 1500 on Saturday.
- (e) Change to Schedule. Any change to the schedule of races shall be posted on the official notice board by 2030 on the day before it will take effect.

5.3 Carrick Fleet.

- (d) One race is scheduled each day, except that:
 - (1) on Tuesday and Thursday the Ajax class will sail 2 races back-to-back;
 - (2) on Thursday, Friday and Saturday the Sunbeam class will sail 2 races back-to-back, which will comprise an embedded 3-day series.
- (b) For the Shrimper 19 class, Wednesday is a stand-alone race that will not be scored in the series.
- (c) The first warning signal each day will be at:

Group 0	Group 1	Group 2
1200	1240	1350

The warning signal for a second race of a class will be as soon as practicable after the finish of that class' first race.

- (d) No warning signal will be made after 1600 on Saturday.
- (e) Any change to the schedule of races shall be posted on the official notice board by 2030 on the day before it will take effect.

5.4 **Prize-giving.**

- (a) The daily prize-giving, regatta tea and other refreshments will be available at a different local club after racing. Details will be published on the event website, and with the sailing instructions.
- (b) The series prize-giving will take place at Flushing SC on Saturday at 1900.

6. **HANDICAPPING POLICY**

- 6.1 None of the IRC classes are designated as short-handed or no spinnaker.
- 6.2 Falmouth Sailing Week has adopted the independent South West Yacht Time Correction System (YTC) for classes E, Q and R (Bay fleet), and classes J and K (Carrick fleet). Boats in these classes are required to have a valid 2019 YTC number. Boats that do not have one may apply for one online via the SWYTC website (www.swytc.org.uk).
- 6.3 YTC numbers will not be adjusted during the week, except as a result of a protest or to correct SWYTC committee errors.
- 6.4 **R class.** Only upwind sails, and no more than two upwind sails, shall be set on any point of sailing, i.e. sloop rig, unless permitted in writing by the organising authority. Boats wishing to enter with other rig configurations should contact the race office in good time.
- 6.5 **IF Boat, B, C, F and G classes.** Results will be calculated using handicaps provided by the class associations.
- 6.6 **Dinghies & catamarans.** Results will be calculated using the RYA PN List 2019.

7. **SAILING INSTRUCTIONS**

Sailing instructions will be available after Saturday 3rd August and may be downloaded from the website. Additional copies may be available at PoFSA clubs.

8. **VENUE AND COURSES**

8.1 **Bay fleet.**

- (a) The race area is in Falmouth Bay, except that on Sunday the race area will include the mouth of Helford River, and Wednesday will include adjacent waters to the east of the Bay.
- (b) On Sunday, Monday and Tuesday all classes will sail regatta courses. On Wednesday, longer regatta courses will be set for all classes in keeping with the tradition of the Champagne Race.
- (c) Races during the three-day series on Thursday, Friday and Saturday courses will be set as follows:

IRC 1 & 2	Windward-leeward or trapezoid courses
All other classes except Firebird	Windward-leeward or trapezoid, and regatta courses
Firebird	Regatta courses

8.2 **Carrick fleet.**

- (a) The race area is in the Carrick Roads and the adjacent waters beyond St Anthony and Pendennis Points, except that on Sunday, weather permitting, B class will race in Falmouth Bay and the Helford River under the control of the Bay race committee.
- (b) Regatta courses with a laid windward first mark will be set. For each class, the sequence of marks and the sides on which they are to be passed will be displayed by boards on the side of the committee signals vessel.
- (c) The signals vessel will be anchored downwind in the general area north of Black Rock and south of Vilt buoy so that the first leg is a beat to windward. A chartlet is attached at Addendum A to assist dinghy entrants to anticipate the approximate distances to be sailed to and from the starting area.

9. BERTHING

9.1 Visiting boats must arrange their own berthing.

9.2 Marina berthing is available at the following marinas which can accept limited advance bookings for Falmouth Sailing Week, but to avoid disappointment it may be best to book before 13th July:

- (a) Port Pendennis Marina (www.portpendennis.com);
- (b) Falmouth Yacht Haven (www.falmouthhaven.co.uk/visitors-marina/introduction/); and
- (c) Mylor Yacht Harbour (www.mylor.com).

9.3 Unreserved berthing is available at Falmouth Marina (www.premiermarinas.com/falmouth_marina).

9.4 Visitor's swinging moorings are available in Falmouth inner harbour; details are at www.falmouthhaven.co.uk/visiting-yachts/visitors-moorings-anchorage/.

9.5 Dinghy & catamaran berthing in the area is available at:

- (a) Restronguet Sailing Club by temporary membership (www.restronguetsc.org/membership-fees);
- (b) Windsport International (www.windsport.co.uk)
- (c) Falmouth Haven (www.falmouthhaven.co.uk/the-slipway/introduction)
- (d) Pasco's Boatyard, St Just-in-Roseland (www.pascosboatyard.co.uk)

10. PENALTY SYSTEM

For all classes, except dinghies and catamarans, the Two-Turns Penalty will be replaced by the One-Turn Penalty.

11. SCORING

11.1 Only series entries will qualify for a series score.

11.2 Bay fleet.

(a) Sunday, Monday, Tuesday and Wednesday. Each race will be scored separately and not counted towards any series.

(b) Races on Thursday, Friday and Saturday, forming the three-day series.

- (1) Up to 6 races are scheduled for all classes except IRC 1 and 2, for which up to 9 races are scheduled.
- (2) One race is required to be completed to constitute the series.
- (3) When fewer than 5 races have been completed, a boat's series score shall be the total of her race scores.
- (4) When from 5 to 8 races have been completed, a boat's series score shall be the total of her race scores excluding her worst score.
- (5) When 9 or more races have been completed, a boat's series score shall be the total of her race scores excluding her worst and second-worst scores.

(c) Inter-Club Championship.

- (1) Boats participating in the Inter-Club Championship shall be scored according to their class series scores in the three-day series. Team scores will be calculated by adding the series scores of each boat in the team. The team with the lowest total score wins the championship and others shall be ranked accordingly.
- (2) If there is a tie between two or more teams, then they shall be ranked by their team scores in the last race. If a tie remains then they shall be ranked by their team scores in the next-to-last race and so on until all ties are broken.
- (3) Series scores will be adjusted for classes sailing different numbers of races.

11.3 Carrick fleet.

(a) For the Shrimper 19 class, Wednesday is a stand-alone race that will not be scored in the series.

- (b) For Dinghy and Catamaran classes, Saturday is a standalone day that will not be scored in the series.
- (c) The number of races scheduled in the series is as follows:

Regatta Class	Number of Series Races
Flying Fifteen, YTC Cabin Boat, YTC Day Boat, Large and Small Working Boat, St Mawes OD, Falmouth Gaffer, and Restricted 18	7
Shrimper 19	6
Ajax	9
Catamaran and Dinghy	6
Sunbeam	10

- (d) One race is required to be completed to constitute a series.
- (e) When fewer than 5 races are completed a boat's series score shall be the total of her race scores.
- (f) When from 5 to 8 races are completed a boat's series score shall be the total of her race scores excluding her worst score.
- (g) When 9 or more races are completed a boat's series score shall be the total of her race scores excluding her worst and second-worst scores.

11.4 Results Service. Calculated results will be provided on request for groups of boats wishing to hold bespoke series within the framework of the overall regatta.

- (a) Sunbeam short series. Thursday, Friday and Saturday will comprise an additional intensive short series of 6 races for the Sunbeam class. The series will be scored in accordance with regulations 11.3 (d)-(e) above.

12. HAUL OUT RESTRICTIONS

- 12.1** Keelboats, except Flying Fifteens, shall not be hauled out during the event except with, and according to, the terms of the written prior permission of the race committee.
- 12.2** Flying Fifteens may be dry-sailed.

13. DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta except with, and according to, the terms of the written prior permission of the race committee.

14. RADIO COMMUNICATIONS

Except in an emergency, boats shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

15. PRIZES

15.1 Daily and series prizes will be awarded as follows:

- (a) More than 10 entries in a class - prizes for 1st, 2nd, 3rd and 4th;
- (b) Six to 10 entries in a class - prizes for 1st, 2nd and 3rd;
- (c) Four or 5 entries in a class - prizes for 1st and 2nd;
- (d) Fewer than 4 entries - prize for 1st.

15.2 The organising authority may award other prizes.

15.3 On Wednesday, daily prizes will include bottles of champagne.

15.4 A trophy will be awarded to the winning team in the Bay Fleet Inter-Club Championship.

15.5 At the discretion of the chairman of PoFSA, "best boat" prizes may be awarded for the Bay and Carrick fleets taking into account of such factors as race scores, the number of boats competing in each class, and the strength and depth of competition in each class. The chairman's decision shall be final.

16. MEDIA RIGHTS

Competitors and/or their Guardians automatically grant to the organising authority and any party to which they may delegate this right, without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures, live, taped or filmed television or any other form of media, of or relating to the event.

17. RISK STATEMENT

17.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

17.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the events listed in this Notice of Race, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
- (h) For the offshore races, they are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date, and is familiar to the crew.

18. INSURANCE

Each participating boat shall be insured with valid third party liability insurance with a minimum cover of £3,000,000 per incident, or the equivalent.

19. FURTHER INFORMATION

Further information may be obtained from the Falmouth Week website (www.falmouthweek.co.uk), by telephoning the helpline on 01326 211555 or by emailing raceoffice@falmouthweek.co.uk.

For further information on Falmouth and its environs, including accommodation, please visit www.falmouth.co.uk.

Addendum A - CARRICK COURSE AREA

